



Pennsylvania's 1ST Statewide

Latino Health

S U M M I T

AGENDA

Speaker & Session Descriptions

Wednesday, April 4, 2018

7:30 AM – 5:00 PM

LANCASTER MARRIOTT

PENN SQUARE

REGISTER AT palatinohealthsummit.org

CME CREDITS WILL
BE PROVIDED BY



PennState
College of Medicine

Penn State College of Medicine designates this live activity for a maximum of **7.0 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

8:00 AM

Kick-Off Breakfast

8:25 AM- 9:25 AM Cultural Humility Panel Discussion

📍 Level 3, Heritage Ballroom CDE

Panelists will identify components of cultural humility and care. They will discuss approaches to supporting Latino families, particularly in underserved communities and the importance of including the community when developing approaches or programs. Panelists will

also identify current barriers to providing cultural humility care within healthcare. This panel discussion will review an in-depth look at racial equity and how cultural humility can help to begin building bridges, trust, connect and healing.



Moderator:
Jessica Candito
Health Partners Plans



Judith Emmons, MPH
Director of Primary Care, Congreso de Latinos Unidos Health Center Philadelphia, PA



Priscilla Jimenez, Esq.
Kline & Specter, Diversity Chair of the Philadelphia Bar Association 2018



Brenda Reyes, RN, CLC
Program Manager for Health Connect One, Chicago, IL



Dr. Hilda Shirk, Ph.D., MSW
President and CEO, Lancaster Health Center, Lancaster, PA



Dr. Loren Robinson, M.D.
Deputy Secretary, Health Promotion Disease Prevention, Pennsylvania Department of Health

9:30 AM - 10:20 AM Education Breakout Session #1 (three topics to choose from)

Latino Cancer Burden and Education

📍 Level 3, Hickory AB

In this session, Dr. Oralia Garcia will examine, list and review current data and information on the Pennsylvania Latino Cancer Burden in order to demonstrate how being informed assists shape public policy and all aspects of cancer prevention, treatment, and control.



Dr. Oralia Garcia Dominic, Ph.D., M.A., M.S.
Penn State Health College of Medicine and President of NIRMH

Social Determinants of Health

📍 Level 2, Independence AB

This session is designed to examine and define social determinants of health (SDOH) and provide the bio-psycho-social model as an alternative to effectively manage patients. Objectives include:

- The state of healthcare and healthcare outcomes in US, Healthy People 2020-goal
- Our present models of care: medical model vs future model-bio-psycho-social model
- What are social determinants of health?
- Opportunities for change.



Dr. Maislyn A. Christie, M.D., FAAP
Medical Director of Aetna Better Health of Pennsylvania

Diabetes Prevention Program

📍 Level 3, Heritage Ballroom B

During this session, Dr. Merleen Harris provides information about the Diabetes Prevention Program and demonstrates the CDC prediabetes screening tool. Diabetes is a common condition that affects over 30 million people in the United States, roughly 9.4% of the population. The good news is that significant scientific research exists that demonstrates people who are prediabetic and have elevated blood glucose levels can prevent or delay type 2 diabetes. Objectives of this session:

- To describe and review the Diabetes Prevention Program
- To examine how type 2 diabetes can be prevented or delayed in many patients
- To review the Center for Disease Control (CDC) prediabetes screening tool



Dr. Merleen Harris M.D., MBA
Senior Medical Officer of Medical Affairs, Health Partners Plans

Telemedicine in COPD

📍 *Level 3, Hickory AB*

During this presentation, Michael and Heidi will go in depth concerning starting and running a telemedicine program for COPD patients. They will review the clinical challenges faced and the value a telemedicine program provides to a health system, clinical staff, and the patient. There are many challenges to starting and implementing a Telemedicine program for patients afflicted with chronic disease--clinical, technological and/or socioeconomic. Objectives:

- Demonstrate how to implement the program in an elderly Latino population
- Review how to make telemedicine more accessible for Latino patients
- Examine and list the clinical challenges in managing COPD patients with Telemedicine
- Review the value a telemedicine program provides to the health system, clinical staff, and the patient.



Michael J. Markus,
Ph.D., Chief Executive
Officer of HGE Health



Heidi Smith, RN
Clinical Administrator
of HGE Health

Advanced Heart Failure and Transplantation

📍 *Level 2, Independence AB*



Dr. Rene Alvarez Jr., M.D.
Vice Chief, Section of Cardiology; Medical Director, Heart
Failure/Cardiac Transplantation Program/MSF Fellowship
Director, Temple University Hospital; Professor, Medicine

Dr. Rene Alvarez will review the following clinical specialties and interests:

- Heart failure
- Mechanical circulatory devices
- Heart transplantation
- Management of pulmonary hypertension

Providing Holistic Health Care to the Latino Population in Lancaster, PA: Integrated Behavioral Health Services in a Primary Care Setting

📍 *Level 3, Heritage Ballroom B*

In this session, Leslie and Alex--Licensed Clinical Social Workers-- will highlight the need and benefits of patients having access to behavioral health consultants integrated into primary care facilities. This will demonstrate how this increases overall access, lowers stigma and aids patients in addressing both their mental and physical health needs. Primary care settings are the gateway for many individuals with behavioral health and primary care needs.

- Participants will learn the history and rationale behind the integrated behavioral health model.
- Participants will understand the levels of integrated behavioral health care.
- Participants will be informed of the prevalence of medical and mental health conditions amongst Latinos.
- Participants will learn about evidenced based mental health screens and interventions used in primary care.



Leslie Book, LCSW
Community
Services Group



Alex Pineda, LCSW
Community
Services Group

Workforce Development and Shortage

📍 *Level 3, Hickory AB*



Dr. Daniel Ian Weber, M.D.
Medical Director/Expert,
Pennsylvania Department of State;
Pennsylvania Department of
Human Services

Community Partnerships

📍 *Level 2, Independence AB*



Amy Aparicio Clark, M.Ed.
Senior Program Officer,
Aetna Foundation

Health Equity

📍 *Level 3, Heritage Ballroom B*



Dr. Sarah I. Ramirez, M.D.
Penn State Health Medical
Group Harrisburg

12:25 PM – 1:25 PM



Keynote Speaker:
Dr. Ivan Lugo, D.D.M, MBA, FACD, FICD
Past-President of Hispanic Dental Association

1:30 PM – 2:20 PM **Education Breakout Session #3** (three topics to choose from)

Cultural Competency

📍 *Level 3, Hickory AB*

This session will examine both individual and organizational attitudes, perspectives, behaviors, and policies that encourage a healthy and positive work environment as well as effective interactions with diverse cultures. The session objectives include:

- Identifying cultural commonalities and differences that need to be addressed
- Reviewing how to involve the appropriate individuals representing the diversity of your community and organization
- How to facilitate both formal and informal opportunities within your organization to promote positive interactions



Lynette Chappell-Williams, J.D.
Chief Diversity Officer and Associate Dean for Diversity and Inclusion at Penn State Health Milton S. Hershey Medical Center and Penn State College of Medicine

Medical Psychiatry: The Role of the Psychiatrist in the Medical Surgical Hospitals

📍 *Level 2, Independence AB*

Collaborations amongst medical specialists (inpatient and outpatient models). Objectives include:

- To learn about the interface between mind and body
- To learn about the collaboration between Psychiatry and other Medical Specialties
- To learn about medical disorders presenting with psychiatric behaviors
- To learn about medications psychiatric side effects
- To learn techniques and novel models of psychiatric care
- To learn psychological factors that affect medical health



Dr. Natalia Ortiz, M.D.
Medical Director of CL Psychiatry and President of SILAMP

Global Health: Abroad and at Home

📍 *Level 3, Heritage Ballroom B*

Dr. Thomas, Dr. Kirsten and Dr. Kelly Reese examine the term “global health” demonstrating how its use has increased over the last twenty years, to describe those aspects of health care that transcend national boundaries. This session will identify how “Global Health” is usually used to describe health issues in the developing world, but in our increasingly globalized setting, the principles of global health are often very applicable to our work in the U.S.

- Global Health Abroad: Lessons from the Developing World (10 minutes)
- Global Health at Home: Demographics of Immigrants and Refugees at Community Health Center (10 minutes)
- Introduction to Refugee Assessment (10 minutes)
- Negotiating Cultural Differences: Kleinman’s Eight Questions (5 minutes)



Dr. Thomas J. Gates, M.D.,
Lancaster Health Center



Dr. Kirsten Johnsen-Martin, D.O.,
Chief Medical Officer of Lancaster Health Center



Dr. Kelly Reese, M.D.
Medical Director, Lancaster Health Center

The Occupational Therapy Collaboration: Meeting Your Clients' Needs Powerfully and Compassionately

📍 Level 3, Hickory AB

This session will examine and review a brief overview of occupational therapy from background to areas of practice, roles of occupational therapy with specific client populations with intent of discussing how this profession can contribute to improved outcomes of audience participants' specific practice needs.



Carlos Moreno,
DOT, OTR/L, FCPP

Centering: A New Wave in Pregnancy and Parenting Care

📍 Level 2, Independence AB

In this session, Linda Gort and Dina DeJesus will review and demonstrate the value of Centering including its benefits and outcomes. The objectives include:

- Identify the components of Centering Pregnancy and Parenting
- List the improved birth and development outcomes of mothers and babies who participate in Centering
- Participate in one or more sample activities typically utilized in Centering groups



Linda Gort
Family Nurse Practitioner at
Lancaster Health Center



Dina DeJesus
Wellness Coordinator at Lancaster
Health Center

Culture and Organ Donation

📍 Level 3, Heritage Ballroom B

This session will examine and compare the number of organ transplants performed on Hispanic Americans to the current number of those waiting for a transplant. Latinos have one of the highest rates of diabetes and heart disease. Both Latino men and women have chronic liver disease rate that is twice that of the white population and they are twice as likely to die from chronic liver disease as compared to the non-Hispanic white population. The outcome of the session is designed to evaluate and review information on healthy lifestyles, myths and misconceptions and the truth about organ donation.



Lisa Upsher, M.S.
MOTTEP Director/Center for Organ
Recovery & Education (CORE)

3:20 PM Kick-off Afternoon Refreshments

3:30 PM– 4:30 PM **Community HealthChoices, Advocacy and Supports, and Pennsylvania Department of Human Services Response to the Opioid Crisis: Panel Discussion**

📍 Level 3, Heritage Ballroom CDE

Panelists for this discussion will evaluate the current status of agencies and organizations involved in the Community HealthChoices (CHC) program. Panelists will also define Community HealthChoices--how it currently stands as Pennsylvania's mandatory managed care program for dual eligible individuals (Medicare & Medicaid) and individuals with

physical disabilities and the services and supports offered to help seniors and people with disabilities remain in their homes. Panelists will also share perspective on the program's implementation to date and a brief discussion about the Pennsylvania Department of Human Services response to the opioid crisis.



Moderator:
Mauricio Conde, Operations
Director, TLR Business Solutions



Cheri Rinehart
President & Chief Executive Officer,
Pennsylvania Association of
Community Health Centers



Jason Snyder
Special Assistant to the Secretary
of the Pennsylvania Department of
Human Services



Kevin Hancock
Pennsylvania Department of Human
Services, Deputy Secretary, Office of
Long-Term Living



Laval Miller-Wilson, Esq.
Chief Executive Director,
Pennsylvania Health Law Project

4:30 PM – 5:00 PM **Dickinson College Students and Vendors Expo**

5:00 PM **Social Networking Reception Powered by UPMC Pinnacle**

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Nurses Using AMA Credit

Nurses will receive a certificate from Penn State College of Medicine verifying their participation in hours of approved continuing medical education. Continuing education activities which are approved by accredited institutions of higher education and that are relevant to patient care or professional nursing meet the requirements of mandatory continuing education for registered nurses in Pennsylvania, as required by the Pennsylvania State Board of Nursing. The Board of Nursing recommends that nurses retain their certificates for a period of at least five years. Additional information is available through the State Board of Nursing at: bit.ly/dospagovnurse

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Penn State College of Medicine and The Latino Connection. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.